



Autumn Term 2019

School meal menus run on a three week rolling programme; the menu for September – December 2019 is shown below. Children will be able to have a school meal or jacket potato each day (**up to a maximum of 2 jacket potatoes per week**). This should help to provide a choice to children where they don't like a particular food (e.g. fish). When the jacket potato option is chosen, the vegetables or salad available in the main meal are still served. The full menu (showing accompaniments and puddings) has been sent home with your child. It can also be viewed on the North Yorkshire website <http://www.northyorks.gov.uk/article/24764/School-meals>

To refine our lunch ordering process, and to ensure our cooks have numbers in advance so that they can order the right quantities of food each week, please discuss with your child which meals they would like to replace with a jacket potato. Please then tick one of the boxes below to show which of our options your child would prefer to receive (the jacket potato accompaniment is shown in brackets).

Please return your form by Friday 5 July.

If your child wishes to have school lunch every day there is no need to return the form.

Name of child		Week One		Week Two		Week Three			
		School Meal	Jacket Potato			School Meal	Jacket Potato		
Monday	Organic Beef Meatballs, Tomato Sauce & Pasta	<input type="checkbox"/>	<input type="checkbox"/> (Tuna)	Pasta Bolognaise	<input type="checkbox"/>	<input type="checkbox"/> (Beans)	Tuna and Sweetcorn Melt	<input type="checkbox"/>	<input type="checkbox"/> (Cheese)
Tuesday	Chicken Korma & Rice	<input type="checkbox"/>	<input type="checkbox"/> (Cheese)	Pizza	<input type="checkbox"/>	<input type="checkbox"/> (Tuna)	Beef Hot Pot	<input type="checkbox"/>	<input type="checkbox"/> (Beans)
Wednesday	Sausage, Mash & Onion Gravy	<input type="checkbox"/>	<input type="checkbox"/> (Beans)	Roast Beef & Yorkshire Pudding	<input type="checkbox"/>	<input type="checkbox"/> (Cheese)	Chicken & Vegetable Pie	<input type="checkbox"/>	<input type="checkbox"/> (Tuna)
Thursday	Cottage Pie	<input type="checkbox"/>	<input type="checkbox"/> (Tuna)	Moroccan Chicken with Lemon Cous Cous	<input type="checkbox"/>	<input type="checkbox"/> (Beans)	Mexican Minced Pork Wraps & Vegetable Rice	<input type="checkbox"/>	<input type="checkbox"/> (Cheese)
Friday	Crispy Battered Fish	<input type="checkbox"/>	<input type="checkbox"/> (Cheese)	Salmon Nibbles with Tomato Sauce	<input type="checkbox"/>	<input type="checkbox"/> (Tuna)	Fish Fingers	<input type="checkbox"/>	<input type="checkbox"/> (Beans)

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