



The BAWB Federation
Bainbridge, Askrigg, and West Burton Primary Schools
Mid-Dale Excellence in Education
Executive Headteacher: Miss Charlotte L. Harper

Dear Parent / Carer

We are excited to be able to offer a PSHCE day for all of our children on Friday 29th March. During the day, children will be looking at a number of key aspects of personal safety, health, and well-being. This will include, but is not limited to:

- A 'growing up' session for upper KS2 (see details below).
- A look at personal privacy and safety for KS1 children (using the NSPCC 'PANTS' materials)
- Online safety for all children

Upper KS2 only

In Years 5 & 6, pupils have a session entitled 'Growing Up'. This lesson develops their understanding of the physical and emotional changes they go through at puberty. They also learn about human reproduction.

Our staff have been provided with the training and the resources needed to teach this session sensitively and effectively. These resources include the Busy Bodies videos on the following website, which parents are welcome to view in advance of this session if they wish:

https://www.healthpromotion.ie/health/inner/busy_bodies

The 'Growing Up' session is designed to ensure our children have factually correct information and the skills to positively manage the physical and emotional changes that will happen as they grow up. Parents and carers are encouraged to support this at home. To help understand the type of questions children of different ages may ask and how to best respond to them, further information can be obtained from the family planning association website:

<http://www.fpa.org.uk/help-and-advice/advice-for-parents-carers>

Parents / carers do have the right to ask that their child does not take part the Upper KS2 Growing Up talk. However, we would ask that you contact school to discuss your concerns before making this decision. Miss Collins and Mrs Robinson, who will be delivering the sessions, are very happy to talk to any parents who would like any further information or who would like to share any concerns. Miss Harper is also happy to be contacted.

If you do wish to contact school about this, please do so before **Friday 22nd February**. The Growing Up session will take place on **Friday 29th March**.

Thank you,

Miss Collins and Mrs Robinson

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