



The BAWB Federation
Bainbridge, Askrigg, and West Burton Primary Schools
Mid-Dale Excellence in Education
Executive Headteacher: Miss Charlotte L. Harper

July 2020

Dear Parent / Carer

In Year 5, and then again in Year 6, pupils normally have a session in school entitled 'Growing Up'. This lesson develops their understanding of the physical and emotional changes they go through at puberty and about human reproduction.

This year, the restrictions at our schools have meant we haven't been able to deliver the Growing Up Talk. However, as the talk is simply a repeat of the lesson they had in Year 5, we are confident that our pupils have the knowledge they need before they move up to secondary school.

However, if you wish, you could do the lesson with them at home to recap their learning as we would normally do in school - it is very simple and easy!

All the resources you need are on this website:

https://www.healthpromotion.ie/health/inner/busy_bodies

If you scroll down the page, there are 6 short videos covering the main aspects of growing up. Simply watch the videos with your child and then give them an opportunity to ask any questions afterwards. We often find that children are fascinated by this subject because it is so personal to them – you may be surprised at how much you both enjoy the lesson.

To help understand the type of questions children of different ages may ask and how to best respond to them, further information can be obtained from the family planning association website:

<http://www.fpa.org.uk/help-and-advice/advice-for-parents-carers>

Thank you,

V Collins *S Greenway*

Miss Collins and Mr Greenway