



The BAWB Federation
Bainbridge, Askrigg, and West Burton Primary Schools
Mid-Dale Excellence in Education
Executive Headteacher: Miss Charlotte L. Harper

22.6.18

Dear Parents / Carers of children in Y5 and Y6

As a school we are committed to providing all pupils with a planned Personal, Social, Health, Education (PSHE) programme. This covers aspects of Sex and Relationships Education. The aim is to ensure pupils learn about the emotional, social and physical aspects of growing up.

In Years 5 & 6, pupils have a session entitled 'Growing Up'. This lesson develops their understanding of the physical and emotional changes they go through at puberty. They also learn about human reproduction.

In the past, the school nurse would visit school to talk to pupils about this. However, North Yorkshire County Council now asks that schools deliver the session themselves. We are provided with training and the resources needed to do this sensitively and effectively. These resources include the Busy Bodies videos on the following website, which parents are welcome to view in advance of this session if they wish:

https://www.healthpromotion.ie/health/inner/busy_bodies

The Growing Up session is designed to ensure our children have factually correct information and the skills to positively manage the physical and emotional changes that will happen as they grow up. Parents and carers are encouraged to support this at home. To help understand the type of questions children of different ages may ask and how to best respond to them, further information can be obtained from the family planning association website:

<http://www.fpa.org.uk/help-and-advice/advice-for-parents-carers>

Parents / carers do have the right to ask that their child does not take part in this talk. However, we would ask that you contact school to discuss your concerns before making this decision. Miss Collins and Mrs Robinson, who will be delivering the sessions, are very happy to talk to any parents who would like any further information or who would like to share any concerns.

If you do wish to contact school about this, please do so before **Friday 29th June**. The Growing Up session will take place on **Wednesday 4th July**.

Thank you,

Miss Collins and Mrs Robinson

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